

September 2016

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I would like to wish everyone a warm welcome back and of course a very special welcome to the children and parents of Junior Infants. I hope you all had an enjoyable summer and are now getting used to the 'back to school' routine.

As the month of September is racing by, I would like to take this opportunity to introduce myself and briefly explain my position. The Home School Community Liaison (HSCL) Scheme is designed to help our students get the most out of education and ensure that they are not at a disadvantage for any reason. As the HSCL Coordinator in the Curragh Camp, it is very important that I link in with the parents/ guardians of their children for the benefit of the children and school.

Home visits are an integral part of this role so don't be surprised or worried if you see me on your doorstep. Finally if you have any issues or concerns, please do not hesitate to contact me and I will do my very best to help you in whatever way I can. I look forward to meeting with you over the coming year.

Special Needs Assistant Course

The SNA course is due to start in October. The day and times have yet to be confirmed but the KWETB are looking to run the course every Friday from 10am—1pm. If you still need to apply for Garda Vetting or need to secure work placement can you please contact Norma Fitzgerald @ 085- 1715406.



HSCL Newsletter

Every Day Counts

Do send your child to school if...

They wake up late, - better late than never

They have a runny nose or a cough

They are tired—they can go to bed early, when they come home



Skipping school
In not cool!

Don't send your child to school if...

They have a fever, vomiting, temperature or have diarrhea

Do send a note of explanation when your child returns to school



Coffee Morning

All parents are invited to our first coffee morning of the year. This will be held on Wednesday October 5th at 9.15 am in the Parents' Room in the Curragh BNS. This is a great opportunity to meet with both myself and other parents and have a chat over a cup of tea and a biscuit. Looking forward to seeing you there.



Parenting Workshops

Anger Management & Strategies for Managing & Preventing Aggressive Behaviour

This workshop will cover the following;

- What makes some children more susceptible to angry outbursts
- Strategies to help children manage their anger
- Diet, exercise and staying calm
- Dealing with aggressive or violent behaviour

[Kildare Library: Thursday 22nd September 7pm](#)

Understand Social Networking & Cyberbullying : How to Protect Your Teen Online

This training course will look at teenage behaviour online, examine the huge peer pressure on teenagers and the issues of privacy which the internet presents. It will also analyse cyberbullying: what it is, what forms it takes, how to combat it and how to prevent it.

[Newbridge Library - Tuesday 11th October 7pm](#)

Helping Children to be Resilient and Develop Skills to Cope with the Challenges of Life

This talk explores the support and experiences our children need to develop resilience or mental strength. It will help parents develop their children's ability to thrive despite life's challenges e.g. growing up, bullying or living with difficult circumstances; and to bounce back from adversity.

[Newbridge Library: Tuesday 18th October 7pm](#)

Attendance at all of the events is **free of charge** and open to everyone but advance booking is required. Please contact Norma @ 085—1715406 to book your place.

Be part of your Parents Association

Any parent wishing to get involved with the Parents Association Group, please contact the HSCL Coordinator, Norma Fitzgerald @ 085—1715406.



Watercolour Painting

Following on from the huge success last year, Alan Walsh will be running these very popular classes again.

When—Every Friday @ 9.15, Parents Room—Curragh BNS

Cost—€2 per class

No experience needed but places are limited so please contact Norma @ 0851715406 if you are interested.



Computer Course

We are delighted to kick off this school year with a six week computer course. This is for anyone who wants to learn more and improve their IT skills. This course will focus on using word, learning about internet security and safety & using smart technology.

When— Every Thursday @ 9.15

Where—Parents Room—Curragh BNS

Cost— €2 per class

Laptops will be provided by the tutor.

This course will start on Thursday 22nd of September. Places are going fast so contact Norma @ 085—1715406 to sign up for this course.



Get Fit with Gordon

If you want to get fit and get healthy why not come along and join Gordon's popular fitness classes.

When —Every Tuesday & Thursday @ 9.15 am

Where — Curragh GNS

Cost - €2 per class

